

Understanding Autism, Asperger's & ADHD – Free online course.

Now available! A free online short course is designed to help you learn more about autism, Asperger's and ADHD, their differences and the importance of understanding the classification, assessment and diagnosis. The course is ideal for families of those diagnosed with autism or ADHD and those working or seeking a career in education and health and social care industries.

Find out more here:

<https://www.derby.ac.uk/online/mooc/understanding-autism-aspergers-adhd>

@NHS Twitter account

I've been asked if I can suggest any parent carers who might be willing to hold the @NHS twitter account for a week – probably in June to coincide with Carers Week. If you don't already know – the @NHS account is taken over by a different person every week. It's a national twitter account that attracts a lot of attention and they would need to tweet every day. If you think of anyone who might be appropriate – let me know.

New Contact Guides

Several of Contact guides have been refreshed and updated including:

- [Living with a Rare Condition.](#)
- [Understanding your child's behaviour](#)
- [Feeding & Eating](#)

Click the link above or [here](#): for a publications list.

UNDIAGNOSED CHILDREN'S DAY 2018 – April 27th



6,000 children are born in the UK each year with a genetic condition so rare that it is likely to remain undiagnosed.

[SWAN UK \(Syndromes Without A Name\)](#), is the only dedicated support network for families of children and young adults with undiagnosed genetic conditions. Their awareness day, Undiagnosed Children's Day, is coming up on 27 April! Please share [this poster](#) to spread the word. [#UCDsUPERhero](#)

Better integration of health and social care is key for social care reform say Government

Jeremy Hunt outlines the 7 key principles that will guide the Government's thinking ahead of the social care green paper, to be published later in 2018.

<https://www.gov.uk/government/speeches/w-e-need-to-do-better-on-social-care>

‘What matters to you?’ day

6th June 2018

‘What matters to you?’ day aims to encourage and support more meaningful conversations between people who provide health and social care and the people, families and carers who receive health and social care.

The campaign, which has been running in Scotland for the last two years, is going international this year. NHS England is working in partnership with Health Education England and Public Health England to get the English campaign up and running.

<http://www.whatmatterstoyou.scot/>

NHS England Involvement Hub & In Touch e-bulletin

A source of information on how to get involved in the work of NHS England but also has some resources aimed at NHS staff so will be useful to forums too.

<https://www.england.nhs.uk/participation/>

The In-touch e-bulletin is a monthly update of all things involvement from NHS England – sign up here:

<https://www.england.nhs.uk/email-bulletins/>

Public Health England Fingertips tool – any data lovers?

For any data lovers out there, you might want to have a browse around the Public Health England’s ‘Fingertips’ website. It includes a wide range of health and health related data that can be ‘themed’ and compared with national, regional and local data.

There are a few ‘indicators’ that are specific to SEND but having an overview of the

particular issues of your area might also help you understand your local area’s priorities.

<https://fingertips.phe.org.uk/>

Integrated care systems or Accountable Care Systems?

One of the ‘New Care Models’ in the NHS and is one of the ways Sustainability and Transformation Partnerships (STP’s) are developing. NHS England have recently changed the name from *Accountable Care Systems* to *Integrated Care Systems* but if you don’t know what either means have a look at a short brief here:

<https://www.kingsfund.org.uk/blog/2018/02/what-does-future-hold-integrated-care-systems>

Or a longer read here:

<https://www.kingsfund.org.uk/publications/making-sense-integrated-care-systems>

Some other useful sites for health-related information:

The Health Foundation - an independent charity committed to bringing about better health and health care for people in the UK.

<http://www.health.org.uk/>

NICE – National Institute for Health & Social Care Excellence – Guidance, advice and information services for health, public health and social care professionals.

<https://www.nice.org.uk/>